

**Rebound Orthopedics and Neurosurgery
Physical Therapy
Runner's Clinic Release**

You agree to participate in a 6-week program designed to enhance your health and education in regards to running. You are free to withdraw from this program at any time if you so choose. It is your responsibility to discuss, with the clinic instructor, any medically related changes that may affect your ability to participate.

Release: You represent that you are in good physical condition and have no disability, illness or other condition that could prevent you from exercising without injuring yourself or impairing your health or you have consulted a physician concerning an exercise program that will not risk injury to you or impairment of your health. All exercises and use of Rebound facilities, services, programs and premises are undertaken at your own risk. Rebound will not be liable for any claims, demands, injuries, damages, actions or causes of action whatsoever to a person or property arising out of or connected with your participation in this program. You understand that the participation in this program does not constitute physical therapy treatments.

I agree to these conditions and release

Signature

Printed Name

Date